TQM WORKFORCE SOLUTIONS, INC.



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June Birthdays!

Tom Dillon (Evening Dispatcher) Samantha Chant (Career Coach) Brian Roman (Regional VP) Herbert Macklin Patrick Radford Deon Gomez Steve Campbell Bryant Cater Azeez Bolaji HAPPY BIRTHDAY TO YOU!

EMPLOYEE CENTER

NEWEST TEAM MEMBER! We recently hired on a new employee to join the TQM Team! Please take the time to introduce yourself to Kimberly Murphy if you already have not. We are looking forward to having her as part of the TQM Team!

Kimberly Murphy, Kim is the Dispatcher for the New England Region here at TQM! She works to ensure our customers are serviced correctly in the needs they have & to keep all our drivers working! She also takes orders from our customers and schedules the appropriate driver for their needs.

WE ARE HIRING!

Remember – We offer a driver REFERRAL BONUS, tell your friends about us and get them working with a great team! Quick tips to give them below...

- PAID WEEKLY! Various Start Times!
- Dock and Lift-gate Deliveries
- Overtime Available! Local Work!

Please have any referred drivers apply at our website <u>www.tqmlogistics.com</u>. Once we have received an application from them, a Career Coach will be in contact.

"The healthiest response to life is joy. Keep calm and carry on."

Remember – If you are a Full-Time driver with TQM for 90 days, Memorial Day will be a PAID holiday for you in next weeks check.

Remember – Don't forget to speak with the dispatch team when requesting off. Please note, all requests must be made 2 weeks prior.

Please submit a review for us on Google, Facebook or Indeed for your chance to win a PRIZE!



KEEP CALM AND THANK A TRUCKER

TRUCKER NEWS

As the driver, you are the final safety link when the journey begins. Your ability to think clearly, choose wisely and act quickly largely determines whether you will successfully and safely complete your trip.

Stay Alert! Stay Safe! Brake Safety Week Set for August 22-28:

This year's Brake Safety Week is scheduled for Aug. 22-28. During Brake Safety Week, commercial motor vehicle inspectors emphasize the importance of brake systems by conducting inspections and removing commercial motor vehicles found to have brake-related out-of-service violations from our roadways.

Did You Know? When you are not wearing a safety belt, your chances of being killed are almost 25 times higher if you are thrown from a vehicle in a crash. Safety belts can keep you from being thrown through the windshield, from being dragged and scraped along the ground, or from being crushed by your own truck or another vehicle. Buckle Up!

LIVE WELL WORK WELL

As we move into summer, here are some tips and some simple precautions you can take to protect yourself from the heat....

- Avoid the hottest part of the day between 10 AM and 2 PM the sun is at its strongest point.
- Wear light-colored clothing Dark colors absorb the heat, while light colors will reflect the sun.
- Apply sunscreen. Opt for a broad-spectrum sunscreen that is at least 30 SPF. Reapply every two hours, even if the label says it is sweatproof.
- Stay hydrated with water. Drink water before you head out and try to take sips every 15 minutes as you can.
- Listen to your body. Sit down in the shade and drink some water until you are feeling better.



Contact Us

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