# TQM WORKFORCE SOLUTIONS, INC.



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# April Birthdays!

Bill Lehuta

Oscar Carrera | James Bard

Justin O'Donnell

**Leroy Smith** 

Dominic Giordano

Franklyn Suarez

Immanuel Locke

# HAPPY BIRTHDAY TO YOU!



# **EMPLOYEE CENTER**

**VACATION TIME!** Don't forget to speak with the dispatch team when requesting off. Please note, all requests must be made 2 weeks prior. With Spring and Summer coming closer we need to make sure we are covered in all aspects.

# **REMINDERS!**

Remember – We are ALWAYS available by phone 800-458-5114. We have a 24/7 phone line, we are always here for your needs! Always keep your phone on! Emergency loads can pop up at any moment!

Remember – Timesheets are due in the office no later then 9 AM on Monday morning!

# 5 Sleeping Habits you need to Adopt!

- Keep a regular schedule
- Create a good sleeping environment (temperature, darkness, etc.)
- Avoid caffeine 3-4 hours before going to bed
- Limit alcohol before bed
- Keep track of habits that help you fall asleep and repeat those activities

"Goodness is the only investment that never fails."



# WE APPRECIATE YOU!!!

A HUGE thank you to everyone who has continued to push through COVID-19. Just remember, when the stores have empty shelves that truck in the right lane doing 65 in a 70 is bringing more food, toilet paper, soap and hand sanitizer. Again, thanks to all the drivers for keeping the supply chain moving! Stay Safe, Stay Alert!

\*\*\*International Roadcheck!\*\*\* The Commercial Vehicle Safety Alliance's (CVSA) International Roadcheck will take place May 5-7. More information to follow as this approaches.



# **SAFETY ZONE**

# **Stay Alert!**

31% of fatal crashes in work zones involve at least one big vehicle. Obey all work zone signs and signals. Commercial drivers must be constantly vigilant to detect unexpected road conditions, distracted drivers, and motorists who don't understand how commercial vehicles operate.

When making a right-hand turn, many people only look left. But if you're turning right onto a two-lane road, you should also look right and make sure a car is not using your lane to pass. This extra second could help avoid a head-on collision.

# **April Showers!**

Poor driving conditions can clog up the roadways and make for a more dangerous trip. Before you leave, check the forecast and see if inclement weather is headed your way. Leaving a bit earlier or later could make a big difference.



### WE ARE HIRING!

Remember – We offer a driver REFERRAL BONUS, tell your friends about us and get them working with a great team! Quick tips to give them below...

- PAID WEEKLY
- Various Start Times
- Dock and Lift-gate Deliveries
- Overtime Available! Local Work!

# Contact Us

# **TQM Workforce Solutions, INC.**

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