

TQM WORKFORCE SOLUTIONS, INC.



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Volume 1 / Issue 11 – December 2018

December Birthdays!

Ashley Wood (Compliance Coordinator)

Tony Waters

Jeffrey Brooks

David Moyer | Malcolm Simmons

Mamou Diaoume

Angelo Demaio

James Zieminski

HAPPY BIRTHDAY TO YOU!



We appreciate you!

LIVE WELL WORK WELL

Don't Let Cooler Temperatures Derail Your Workout Plan. If you find it harder to keep up with your workout program as the temperatures drop, you're not alone. Every year, many Americans find it increasingly difficult to remain committed to their plan as the holidays, shorter days and less-than-ideal weather create obstacles.

- Acclimate to colder weather by warming up inside
- Prep for your next day the night before
- Have a backup plan

“Trust, even when your heart begs you not to.”

SAFETY ZONE

Saved by the BELT! One of the safest choices drivers and passengers can make is to buckle up. In 2016, seat belt use in passenger vehicles saved an estimated 14,668 lives. Many Americans understand the lifesaving value of the seat belt – the national use rate is at 90.1 percent – but nearly 27.5 million people still don't buckle up. Make sure you and your family are properly buckled up every time. Stay Safe!

MEET THE TEAM

Brian Roman - TQM would like to introduce Brian, our VP of Operations! Brian has several years of operation, supervision and recruiting expertise. His role has expanded into general management with an emphasis on transparent communications. Brian enjoys interacting with a diversity of employees and clients, on an assortment of matters, to ensure best possible outcomes! We appreciate all he does for the TQM family!

EMPLOYEE CONTEST

The correct answer to November's question, what is the primary cause of trucking accidents....? Changing lanes. This month's question below.....

Q: How long does a road side inspection violation stay on your record? Email back the correct answer for a chance to win a gift card!



We appreciate you!



EMPLOYEE CENTER

Taking Responsibility for your Retirement Fund! Relying on pension funds and Social Security is no longer enough when planning for retirement. Keep the following money-saving tips in mind:

- Set a goal
- Open an Individual Retirement Arrangement (IRA)
- Learn about our retirement plan (we have the best 401k in the business!)
- Review your benefits statement
- Estimate your social security benefits

DRIVER SPOTLIGHT

This month we are featuring our driver Kelvin Fletcher from Philadelphia, PA. Kelvin has been employed with TQM since May of 2018 and is a dedicated driver with us. Kelvin has lived his entire life in Philadelphia, so that makes him a HUGE Philadelphia Eagles fan! When Kelvin is not working, he heads to LA Fitness to get a work out in and play basketball. He is also a Soccer fan, watches every game whenever it is on TV. His favorite vacation spot is Disney World and hopes to be back soon. He and his girlfriend have a dog named Fluffy who they adore very much. He has worked a lot the past year with us, being flexible and reliable, which helps the TQM team grow. THANK YOU KELVIN!

Contact Us

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