# TQM WORKFORCE SOLUTIONS, INC.

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# Workforce Solutions, Inc.

## February Birthdays!

Michael Branch

Gloria Dowdy

Bill Houston | Luis Sanchez

Steven Keller

Devin Little | Steven Weil

Carlos Mejia

Jude O'Donnell

Dashman Redzepi

#### HAPPY BIRTHDAY TO YOU!





### LIVE WELL WORK WELL

#### Keep your heart healthy through exercise!

The top critical health risks to commercial vehicle drivers can include

- Smoking and tobacco use
- Hypertension (high blood pressure)
- Poor eating habits, diet and nutrition
- Lack of physical activity/physical fitness
- Psychological stress and mental fitness.

"Live life to the fullest and focus on the positive."

#### SAFETY ZONE

#### ELD's Bring Fleets and Shippers Toward More Collaboration

The latest change was the implementation of the federal electronic logging device, or ELD, mandate just over a year ago. It's the latest in a long history of disruptive evolution in which carriers and shippers have had to adapt. The advent of ELDs is influencing how carriers and shippers work together to control costs, deploy capacity, design networks, offer and charge for services, make capital investments and leverage new technology.

Will you Survive Winter?!

Even if you have done a good job preparing your vehicles for winter, you still need to pay special attention to a few key items during the winter: Remember that diesel exhaust fluid (DEF) begins to freeze at 32° F and try and keep vehicles running not idling.

#### EMPLOYEE CONTEST

The correct answer to January's question, According to FMCSR, you may not drive for more than....? 11 hours. This month's question below......

**Q: Where is the largest blind spot around a truck?** Email back the correct answer for a chance to win a gift card!



We appreciate you!



#### EMPLOYEE CENTER

Make it a habit to ensure your card is with you at all times when driving as required by the Federal Motor Carriers Safety Regulations. Not having a physical card during a roadside inspection will result in a violation, and the points can affect the US DOT CSA rating for you and the motor carrier.

Driving without a CDL in your possession can result in a violation of eight points charged to you and the motor carrier. Do you know your CDL expiration date; do you have endorsements needed to perform your duties? Driving without the proper endorsements results in an 8-point severity rating for each missing endorsement.

#### **DRIVER SPOTLIGHT**

This month we are featuring our driver Michael Branch from Yardley, PA. Mike has been employed with TQM since February of 2016 and is a dedicated driver with us. He has had his CDL since 1985 and continues to grow with experience. Mike is a HUGE Philadelphia Sixers fan watching as many games as possible! When it comes to football, the NY Jets is his favorite team. He and his wife have 3 children along with 5 grandchildren who they adore very much. He has worked a lot the past 2 years with us, being flexible and reliable, which helps the TQM team grow. THANK YOU MIKE!

#### **Contact Us**

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