TQM WORKFORCE SOLUTIONS, INC.

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Workforce Solutions, Inc.

January Birthdays!

Farrell Anderson

Alvin Johnson

Kristopher Knutson

Steven Mixon

Majid Shalash

Edward Umberger

William Vandewater

Jason Walsh

HAPPY BIRTHDAY TO YOU!





We appreciate you!

LIVE WELL WORK WELL

Your Guide to Avoiding Winter Illnesses:

- Avoid close contact with people who are sick and stay away from others when you feel under the weather.

- Wash your hands often using soap and warm water to protect against germs. Don't touch your eyes, nose or mouth if your hands aren't clean.

- Get plenty of sleep, stay physically active and drink plenty of water to keep your immune system strong.

- Manage your stress and eat a nutritious diet rich in healthy grains, fruits, vegetables and fiber.

"Cheers to a new year."

SAFETY ZONE

MAKE 2019 THE SAFEST YEAR EVER!

- Always wear seatbelts.
- Lift with your legs, not your back.
- Keep 3 points of contact.
- Exercise care at heights to prevent slips, trips and falls.
- Always use personal protective equipment.

MEET THE TEAM

Annie Alosi - TQM would like to introduce Annie, our Administrative Assistant! Her core responsibilities include assisting the accounting department, resolving payroll discrepancies, answering the phone and responding to all inquiries, directing calls to appropriate individuals and recording employee timesheets. We are excited to have Annie on the team!

EMPLOYEE CONTEST

The correct answer to December's question, how long does a road side inspection stay on your record....? 3 years. This month's question below......

Q: According to FMCSR, you may not drive for more than? Email back the correct answer for a chance to win a gift card!



We appreciate you!



EMPLOYEE CENTER

Use Extreme Caution While Driving in a Winter Wonderland!

Many parts of the country have seen the first snowfall of the season and driving in these conditions can be extremely dangerous. Underneath all the snow can be slick, icy, treacherous roadways! Many drivers will spend a long winter season in these conditions, so it is important to be prepared. Following are winter driving tips:

- Physically prepare for wintry weather conditions.
- Drive defensively and cautiously.
- Slow down. Drive to match road conditions.

- Be prepared! Jumper cables, windshield scraper, windshield washer fluid, tire chains or traction mats are good items to carry!

DRIVER SPOTLIGHT

This month we are featuring our driver Darlene Mountcastle from Philadelphia, PA. Darlene is new to TQM and has been employed with us since November of 2018 as a dedicated driver with us. Her experience has been mainly in hauling food at a few of our reefer companies. Darlene continues to grow and form her career here at TQM, which also helps the TQM team grow. THANK YOU, DARLENE! We appreciate you!

Contact Us

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