

TQM WORKFORCE SOLUTIONS, INC.



Workforce Solutions, Inc.

Volume 1 / Issue 7 - August 2018 (soon to be a collector's item)

EMPLOYEE CENTER

August Birthdays!

Steve Dillon (Operations Manager)

Arthur Christian | Galen Cyr

Leroy Davis | Ronald Dutton

Kelvin Fletcher | Kevin Gardner

Luis Heredia | Dennis Johnson

John Kos | Ahkim Moody

Terry Moore | Felix Rubert

Steve Thompson

HAPPY BIRTHDAY TO YOU!



We appreciate you!

LIVE WELL WORK WELL

Regular physical activity helps improve your overall health and fitness and reduces your risk for many chronic diseases. It may seem difficult at first to find the time or energy to exercise, but even a little exercise a few days a week can help improve your health. Whether on the road (at rest areas and truck stops) or at home, try and go for short walks, do some push-ups, jumping jacks, stretch and engage in other physical activity.

Learn to lower the stress associated with your driving duties by recognizing stress inducing situations. Identify situations or conditions that are common "stress triggers" at work and during off duty hours. Running late, financial concerns, traffic or maybe weather are just a few people experience.

"Life consists not in holding good cards but in playing those you hold well."

SAFETY ZONE

- As a professional driver, you are expected to comply with the posted speed limits. For large vehicles, the stopping distances are greater than smaller vehicles, and highway speed limits are often set differently for trucks. Lowering speed gives you the time to see ahead and the ability to adjust to adverse conditions as they develop. Stay Safe, Stay Alert, and Drive Safe!

MEET THE TEAM

Steve Dillon - TQM would like to introduce Steve, the Operations Manager! He works to ensure our customers are serviced correctly in the needs they have & to keep all our drivers working! We appreciate all he does for the TQM family!

EMPLOYEE CONTEST

The correct answer to July's question, what are you doing if you're dead-heading?... Hauling an empty trailer! This month's question below.....

Q: What does COE stand for, when referencing a truck design?

Email back the correct answer for a chance to win a gift card!



We appreciate you!



REMINDERS

Remember – Don't forget to speak with the dispatch team when requesting off. Please note, all requests must be made 2 weeks prior.

Remember – We offer a \$250 driver REFERRAL BONUS, tell your friends about us and get them working with a great team!

Remember – All of our newsletters are available on the TQM website under Employee's page for your viewing.

Remember – We are ALWAYS available by phone at the main line (800-458-5114) Always keep your phone on!

DRIVER SPOTLIGHT

This month we are featuring our driver Bruce McLaughlin, from Philadelphia, PA. Bruce has been employed with TQM since September of 2016! He is a dedicated driver with us working daily at the same account hauling and delivering cardboard. Bruce is a sports fan and has been his whole life. Right now, he is following the Philadelphia Phillies. Unfortunately, he is a Miami Dolphins fan when it comes to the NFL, but he does support the Philadelphia Eagles when they are playing. He also has a house in Virginia, where he eventually plans on moving fulltime. He is doing some construction on the house right now, so it is a work in progress. He has worked a lot the past 2 years with us, being flexible and reliable, which helps the TQM team grow. THANK YOU BRUCE!

Contact Us

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